## Sample of Research Article

## Title Page

**Title:** Sample manuscript showing style and formatting specifications

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Conflicts of interests: None

[Zentime1]: The title page should include the manuscript title, author names, affiliations, corresponding author's contact information and conflicts of Interest.

[Zentime2]: Real and potential conflicts of interests that authors may have.

## **Declaration of Ethics/ Patient consent**

## Declaration of Ethics

All animal studies and experimental procedures were approved by the Animal Care and Use Committee of the animal facility at XX university. / This study was approved by the Institutional Review Board (IRB) at the XX university.

# Declaration of Patient consent

Each patient voluntarily gave written informed consent before treatment. / Patients were consented by an informed consent process that was reviewed by the IRB.

[Zentime3]: If a study has been granted an exemption from requiring ethics approval, this should also be stated in the manuscript.

[Zentime4]: Research involving experimentation with human subjects or tissues must include a statement declaring that informed consent was obtained from the subjects or guardians for participation in the study.

## Highlights

Continuing nursing has good effects on nursing intervention for patients with colorectal carcinoma after Miles' operation. It can effectively reduce the incidence of complications after discharge, significantly improve patients' self-care ability and increase their quality of life and social skills.

[Zentime5]: Highlights are bullet points that convey the core findings of your study. The manuscript may include up to three to five bullet points.

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## Sample of Research Article

## Abstract

**Objective:** To study the effects of continuing nursing on stomal complications, self-care ability and life quality of patients after Miles' operation for colorectal carcinoma.

**Methods:** A total of XXX patients diagnosed as colorectal carcinoma with permanent colorectal stoma after Miles' operation in our hospital from May 2016 to May 2017 were selected as the research objects in this paper. These XXX cases were randomly divided into observation group (60 cases) and control group (60 cases). The XXX patients in the control group were treated with conventional nursing while the others in the observation group received continuing nursing on the basis of conventional nursing. **The trial is registered with XXX (URL)**.

**Results:** Four and a half months after Miles' operation, the incidence of stomal edema, stomal stenosis, stomal abscission, peristomal allergic contact dermatitis and other complications of 60 patients in the observation group were significantly lower than those in the control group with significant difference (all P<0.01).

Conclusion: Continuing nursing has good effects on nursing intervention for patients with colorectal carcinoma after Miles' operation.

#### Keywords

continuing nursing, after Miles' operation, self-care skill, quality of life, healing of stoma

## **Main Text**

## • Introduction

The introduction should clearly show the objective of the study, provide a brief summary of previous relevant studies, and demonstrate the new advances in the current investigation.

# Results

The results should be a concise and logical account of the new information discovered, with the least personal judgment.

## Discussion

The discussion should incorporate the significance of the new information and relevance of the novel findings in light of existing knowledge. Limitations should also be stated.

## · Materials and Methods

This section should briefly give clear and solid information to allow duplication by an independent observer.

[Zentime6]: The abstract should briefly show the aim of the research, the results obtained and the major conclusions.

[Zentime7]: Clinical Trials Registration should be provided (if any).

**[Zentime8]:** The authors must include 3 to 5 key words or phrases at the end of the abstract.

#### Sample of Research Article

# Acknowledgements

This work was supported by XXX.

[Zentime9]: The acknowledgments should clearly describe aids including financial supports (grant source and number should be specified), intellectual assistance, image credits, etc.

## **Author Contributions**

XX, XXX, XXX contributed to the conception of the study;

XX, XXX, XXX performed the experiment;

XX, XXX, XXX contributed significantly to analysis and manuscript preparation;

XX, XXX, XXX performed the data analyses and wrote the manuscript;

XX, XXX, XXX helped perform the analysis with constructive discussions.

[Zentime10]: The contributions of each author should be listed according to the guidelines of the International Committee of Medical Journal Editors.

## References

E.G.

[1] Bronfenbrenner U. The Ecology of Human Development. Massachusetts (US). Harvard University Press, 1979.

[2] Saunders C. Writing Revelation: The Book of Margery Kempe. In: Atkin T, Rajsic J, editors. Manuscript and Print in Late Medieval and Early Modern Britain: Essays in Honour of Professor Julia Boffey. Cambridge (UK). Boydell & Brewer, 2019. p. 201-221.

[3] Loriot Y, Supiot S, Beauval JB, et al. Management of non-metastatic castrate-resistant prostate cancer: A systematic review. Cancer Treat Rev 2018; 70: 223-231.

[Zentime11]: The journal references should be formatted according to the EndNote X Style for Zentime.

# **Tables & Figures**

## Table 1. Comparison of baseline characteristics

## Table 2. Comparison of serum inflammatory between the two groups

Note: IL-1 $\beta$ , interleukin 1 $\beta$ ; IL-6, interleukin 6; IL-8, interleukin 8; TNF- $\alpha$ , tumor necrosis factor- $\alpha$ ; CRP, C-reactive protein; PCT, procalcitonin.

# Figure 1. Comparison of serum inflammatory cytokines between the two groups.

[Zentime12]: Please note that tables and figures should be submitted as the Tables & Figures file (WORD, JPEG OR TIFF, and ZIP). Subfigures should be labeled appropriately (Figure 1A, Figure 1B, etc) in the top left corner.

[Zentime13]: Figure legends must contain a brief title (bold) for the whole figure and a detailed description of each panel or part. In addition, all symbols used to indicate significant differences in the figures must be defined accordingly.